

Ritmos Latinos | Rueda de Bachata

Beginner Syllabus

Fall
2017

Dale
Jesica

(Monday), 7pm
Koffler (South Patio)

Date	Basics/Technique	Rueda Moves / Calls
Sept 11	Footwork (En Su Lugar, Lateral, De Paseo), LOD, Frame (Open, Closed), Timing, X Veces Directions (Pa Dentro/Fuera/Arriba/Abajo)	Quedate, Abierto, Cerrado, En Su Lugar, Piso, Lateral, De Paseo, Medio Tiempo, Caminamos (Pa Arriba/Abajo)
Sept 18	Clarifiers (Hombres, Mujeres, Todos) Brinquito, Traveling Turns	Dame (Una, Dos, Serpiente, Con Vuelta), La Mecedora, Dale Vuelta Con Mecedora Pa Dentro / Pa Fuera (Continuamente)
Sept 25	Lateral Basic, Traveling Turns	El Ladron, Dame La De Atras, El Vaiven (Con Intercambio)
Oct 2	Crossed Hand Holds, Two Handed Turns, Neck Loops, Arm Sweeps	Ciento Ochenta (180) Enrosques, Sacala, Estrella
Oct 9	Abrázala (Turn), Reverse Lateral Basic, Toalla (Turn), Lado a Lado	Abrázala, Captura, Toalla (Alta/Baja/Loca), De Paseo (Pa Dentro/Pa Fuera), Lado a Lado
Oct 16	Setenta (Turn), En Su Lugar Basic, Lateral Basic, De Paseo Basic	Setenta, De Paseo (Pa Dentro/Pa Fuera), Lado a Lado de Setenta, Colocho, Setenta Complicado
Oct 23	Setenta (Turn), Lateral Basic, Enchufla, Toalla	La Diabla, Vuelta Basica
Oct 30	Lateral Basic, Setenta (Turn)	Casate Dos Veces, Enredo, Seduceme
Nov 6	Lateral Cross Basic (Front/Back)	Paseandola, Tangeando (Con Cruze) Ochos, Dile Que No De Tango
Nov 13	Lateral Basic	Dos y Dos (Con Reversa/Intercambio/Sin Soltar)
Nov 20	Thanksgiving Week. Review	
Nov 27	Review of all moves / Performance Practice	
Dec 4	Performance Practice	
Dec 10	End of Semester Party	

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Vocabulary list

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Calls are built like this: Who + What + Where to + How many times

Spanish	English	Spanish	English
Abierto	Open	La Mecedora	The Rocking Chair
Abrázala	Hug	Lado a Lado	Side to side
Alta	High	Lateral	Sideways
Baja	Low	Loca	Crazy (feminine)
Caminamos	We walk	Medio Tiempo	Half time
Captura	Capture	Ocho	Eight
Casate	Marry	Pa Abajo	Down
Cerrado	Close	Pa Arriba	Up
Colocho	Curly	Pa Dentro	Inside
Complicado	Complicated	Pa Fuera	Outside
Con	With	Paseándola	Take her for a walk
Continuamente	Continuously	Piso	Floor
Dale Vuelta	Turn it around	Quedate	Stay (Stop)
Dame	Give me one	Reversa	Reverse
De Paseo	Walking	Sacala	Pull her out
Dos y Dos	Two and two	Seduceme	Seduce me
El Ladrón	The Thief	Serpiente	Snake
El Vaivén	The Swing	Setenta	Seventy
En Su Lugar	In place	Sin Soltar	Without loosing
Enredo	Entangle	Tangeando	
Enrosques	Screwdriver	Toalla	Towel
Estrella	Star	Vuelta	Turn
Intercambio	Change partners	Vuelta Basica	Basic Turn
La Diabla	The Devil (feminine)	Una, Dos, Tres	One, Two, Three

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Other Important Information

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- **Feel the beat, move your feet!**
- **Listen to music** in your spare time. You will get song suggestions from us during class.
- **Practice** the basic step **on your own**, whenever you can – to music or to counts.
- Please **remember the names of the moves**, that is the essence of Rueda de Casino.
- This is a **progressive class**, i.e. you will learn moves based on what you've learned in the previous week.
- **Come to extra practice** before every class. We will review past weeks moves and spend time answering questions.
- If you do **miss a class**, please **come to extra practice** to catch up.
- **Try not to miss 2 classes in a row**. It will be very difficult to catch up on what you've missed.
- **Go out and dance!** There are a number of socials in Tucson during the week. All of them have a beginner salsa class in the beginning.
- Check out **Facebook** for events and information:
 - www.facebook.com/ritmoslatinosuofa - Official Page
 - www.facebook.com/groups/ritmoslatinosuofa - Members' Group
- Check out **YouTube** for videos of Rueda de Casino dance groups:
 - **Ritmos Latinos:** www.youtube.com/RitmosLatinosUofA
 - **Other Keywords:** Tucson Casineros, DC Casineros, Rumbanana, Fuakata, SALSAtlanta, Salsa Vale Todo, ritmosindy