

Ritmos Latinos | Rueda de Bachata

Beginner Syllabus

Spring
2018

Dale (dale.bloom@gmail.com)
Jesica (lunajesticam@gmail.com)

Tuesday, 7pm
Koffler (South Patio)

Date	Basics/Technique	Rueda Moves / Calls
Feb 6 Week 1	Footwork (En Su Lugar, Lateral, De Paseo), Frame (Open, Closed), Timing, Directions (Pa Dentro/Fuera/Arriba/Abajo)	Abierto, Cerrado, En Su Lugar, Lateral, Piso, Medio Tiempo, Basico, De Paseo, Caminamos (Pa Arriba / Pa Abajo)
Feb 13 Week 2	Clarifiers (Hombres, Mujeres, Todos), Traveling Turns	Dame (Una, Dos, Serpiente, Con Vuelta) Cadena
Feb 20 Week 3	Lateral Basic, Traveling Turns X Veces	La Mecedora, Dale Vuelta Con Mecedora Pa Dentro / Pa Fuera Turns
Feb 27 Week 4	Crossed Hand Holds, Two Handed Turns, Neck Loops, Arm Sweeps, Hammer locks	Enrosques Sacala
Mar 6 Week 5	SPRING BREAK – NO CLASS	
Mar 13 Week 6	Lateral Basic, Reverse Lateral Basic, Abrázala (Turn), Toalla (Turn)	Captura, Toalla (Alta/Baja/Loca), Dame La De Atras
Mar 2 Week 7	Lateral Basic, Neck Loops, Hammer locks, Traveling Turns, De Paseo Basic	Seduceme De Paseo variations
Mar 27 Week 8	Setenta (Turn), Lateral Basic, Traveling Turns, De Paseo Basic	Setenta (Hombres, Mujeres) Estrella
Apr 3 Week 9	Lateral Basic, Enchufla, Toalla De Paseo, Hammer locks, Neck loops	Vuelta Basica El Ladron
Apr 10 Week 10	Lateral Basic, Setenta (Turn) Neck loops, Arm sweeps	Colocho La Diabla
Apr 17 Week 11	Review all moves	
Apr 24 Week 12	Performance Practice **MUST ATTEND TO PERFORM**	
May 1 Week 13	Performance Practice **MUST ATTEND TO PERFORM**	
May 6	End of Semester Party	

Calls are built like this: Who + What + Where to + How many times

Spanish	English	Spanish	English
Abierto	Open	Lateral	Sideways
Abrázala	Hug	Loca	Crazy (feminine)
Alta	High	Medio Tiempo	Half time
Baja	Low	P'abajo	Down
Caminamos	We walk	P'arriba	Up
Captura	Capture	Pa Dentro	Inside
Cerrado	Close	Pa Fuera	Outside
Colocho	Curly	Piso	Floor
Con	With	Quedate	Stay (Stop)
Dale Vuelta	Turn it around	Sacala	Pull her out
Dame	Give me one	Seduceme	Seduce me
De Paseo	Walking	Serpiente	Snake
El Ladrón	The Thief	Setenta	Seventy
En Su Lugar	In place	Toalla	Towel
Enrosques	To coil	Vuelta	Turn
Estrella	Star	Vuelta Basica	Basic Turn
La Diabla	The Devil (feminine)	Uno, Dos, Tres	One, Two, Three
La Mecedora	The Rocking Chair		

Other Important Information

- **Listen to music** in your spare time. You will get song suggestions from us during class.
- **Practice** the steps **on your own**, whenever you can – to music or to counts.
- Please **remember the names of the moves**, that is the essence of Rueda.
- This is a **progressive class**, i.e. you will learn moves based on what you've learned in the previous week.
- **Try not to miss 2 classes in a row**. It will be very difficult to catch up on what you've missed.
- **Everyone is welcome and encouraged to dance either lead or follow** regardless of their gender, but we ask that you choose one and stay with it throughout the entire semester.
- **Go out and dance!** There are a number of socials in Tucson during the week. All of them have a class at the beginning of the social.
- Check out **Facebook** for events and information:
 - www.facebook.com/ritmoslatinosuofa - Official Page
 - www.facebook.com/groups/ritmoslatinosuofa - Members' Group