

Ritmos Latinos | Rueda de Bachata

Beginner Syllabus

Spring
2019

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Wednesday, 7pm
Koffler (South Patio)

Date	Basics/Technique	Rueda Moves / Calls
Feb 6 Week 1	Footwork (En Su Lugar, Lateral), Frame (Open, Closed), Timing, Clarifiers (Hombres, Mujeres, Todos), Directions (Pa Dentro/Fuera/Arriba/Abajo)	Abierto, Cerrado, En Su Lugar, Lateral, Medio Tiempo, Basico, Dame (Una, Dos, Serpiente) Caminamos (Pa Arriba / Pa Abajo)
Feb 13 Week 2	Footwork (De Paseo), Abrázala (Turn), Lateral Basic, Traveling Turns, 180 closed turn.	De Paseo con Captura, Pa Dentro / Pa Fuera Turns, Ciento Ochenta (180)
Feb 20 Week 3	Traveling Turns, 180 closed turn, De Paseo, Medio Tiempo	Dame con Vuelta, Vuelta al Mundo, La Mecedora, Dale Vuelta Con Mecedora
Feb 27 Week 4	Lateral Basic, Reverse Lateral Basic, Abrázala(Turn), Toalla (Turn)	Captura, Toalla (Alta/Baja/Loca), Todos Dame con Vuelta
Mar 6 Week 5	SPRING BREAK – NO CLASS (POSSIBLE PRACTICE TBD)	
Mar 13 Week 6	Crossed Hand Holds, Two Handed Turns, Neck Loops, Arm Sweeps, Hammer locks	Enrosques Sacala
Mar 20 Week 7	Lateral Basic, Neck Loops, Hammer locks, Reverse Traveling Turn, Setenta (Turn)	Seduceme, Colocho, ¼ turns
Mar 27 Week 8	Setenta (Turn), Lateral Basic, Traveling Turns, De Paseo Basic	Estrella, Setenta De Paseo, Angel turns
Apr 3 Week 9	Lateral Basic, Enchufla, Toalla De Paseo, Hammer locks, Neck loops, Angel turn, ¼ turn	Vuelta Basica, Angeles
Apr 10 Week 10	Lateral Basic, Setenta (Turn) Neck loops, Arm sweeps	La Diabla, Optional secret move.
Apr 17 Week 11	Review all moves	
Apr 24 Week 12	Performance Practice **MUST ATTEND TO PERFORM**	
May 1 Week 13	Performance Practice **MUST ATTEND TO PERFORM**	

Calls are built like this: Who + What + Where to + How many times

Spanish	English	Spanish	English
Abierto	Open	Lateral	Sideways
Abrázala	Hug	Loca	Crazy (feminine)
Alta	High	Medio Tiempo	Half time
Angeles	Angels	P'abajo	Down
Baja	Low	P'arriba	Up
Caminamos	We walk	Pa Dentro	Inside
Captura	Capture	Pa Fuera	Outside
Cerrado	Close	Piso	Floor
Colocho	Curly	Quedate	Stay (Stop)
Con	With	Sacala	Pull her out
Dale Vuelta	Turn it around	Seduceme	Seduce me
Dame	Give me one	Serpiente	Snake
De Paseo	Walking	Setenta	Seventy
En Su Lugar	In place	Toalla	Towel
Enrosques	To coil	Vuelta	Turn
Estrella	Star	Vuelta Basica	Basic Turn
La Diabla	The Devil (feminine)	Uno, Dos, Tres	One, Two, Three
La Mecedora	The Rocking Chair		

Other Important Information

- **Listen to music** in your spare time. You will get song suggestions from us during class.
- **Practice** the steps **on your own**, whenever you can – to music or to counts.
- Please **remember the names of the moves**, that is the essence of Rueda.
- This is a **progressive class**, i.e. you will learn moves based on what you've learned in the previous week.
- If you do **miss** a class, please come to **extra practice** to catch up.
- **Try not to miss 2 classes in a row**. It will be very difficult to catch up on what you've missed.
- **Everyone is welcome and encouraged to dance either lead or follow** regardless of their gender, but we ask that you choose one and stay with it throughout the entire semester.
- **Go out and dance!** There are a number of socials in Tucson during the week. All of them have a class at the beginning of the social.
- Check out **Facebook** for events and information:
 - www.facebook.com/ritmoslatinosuofa - Official Page
 - www.facebook.com/groups/ritmoslatinosuofa - Members' Group